

ST JAMES' FAMILY NEWSLETTER

6th June 2018

Dear Parents and Friends of St James,

I hope you have all had a great Half Term. We are now in the final term of the year and, as usual, there is lots happening. Please make sure you take a look at the dates below to see what is going on.

On Monday 18th June, we will be holding an Eid party in school. Children are invited to wear their own clothes and to bring in party food for a celebration in the afternoon. Please see your child's class teacher if you are able to donate any food for the party.

I have a number of staffing changes to announce. Sadly, Mrs Ost, Mrs Summers, Mrs Blurton, Mr Goddard and Mr Ebsworth will be leaving us at the end of term. Mrs Ost is retiring to spend more time with her family and garden and Mrs Summers, Mrs Blurton, Mr Goddard & Mr Ebsworth are taking on new challenges in different schools. We wish them all the very best; they will be missed by staff and children alike. That means we have some new teachers to introduce to you – Mrs Martin, Mrs Wagland and Miss Brown will be joining the Early Years Team; Miss Hockley and Mrs Stutters will be joining the main school and existing staff, Mrs Mousir-Harrison and Mrs Pembroke, will be moving into teaching roles. Vicky Thompson, one of our Nursery staff will be reducing her hours and will be replaced by another Vicky, Vicky Watson. We are in the process of deciding which teachers will be in which classes in September and will announce new classes to all the children ahead of our transition days on 9th and 10th July. On those days, you will be invited into school to meet your child's new class teacher.

If you have any aged 4/5 wellies at home that you no longer need, please could you consider donating them to school? Our new outdoor area in Early Years has a fantastic Mud Kitchen and we need more sets of wellies to allow the children to explore without getting their shoes dirty! There are also several flower beds that need vegetables and flowers so if you have any left-over plants from your own gardening, they would be appreciated.

Best Wishes,
Sarah Beach

What's Coming Up / Dates for your diaries:

Friday 8th June – Year 6 to Neasden Temple

Saturday 9th June – Northampton Carnival

Monday 18th June – Eid Party in school

Friday 22nd June – Year 2 to Old Hunstanton

Wednesday 27th June – Eucharist. Led by Father Phil at 9am. All invited.

Thursday 28th June – Viking Day in Year 4

Friday 29th June – MUFTI Day – bring in a prize for the Fete (raffle prizes, tombola items etc.)

Monday 2nd July – Governors Meeting at 3:30pm

Tuesday 3rd July – Y6 Reflection Day at Peterborough Cathedral

Friday 6th July – **SUMMER FETE** – please help out if you can! We will be asking for help for this event soon!

Monday 9th and Tuesday 10th July – New class / Y6 Transfer Days

Wednesday 11th July – Year 3 to Everdon

Thursday 12th July – PDET Sports Event

Monday 16th July – Nursery and Reception Sports Day (pm)

Monday 16th July – **Year 6 Performance** – afternoon and evening performances

Tuesday 17th July – KS1 Sports Day (time to be confirmed)

Wednesday 18th July – KS2 Sports Day (time to be confirmed)

Thursday 19th July – End of term Church Service at 2pm. Please join us and take your child home afterwards

Friday 20th July – Year 6 Leavers' Service in school at 9:15. Year 6 parents are invited to join us

Friday 20th July – End of term and the school year at 1:30pm. Octopus Club will be open **until 4.30 – please make sure you book your place early (priority to children currently in after school club)**

School opens for the new academic year on THURSDAY 6th SEPTEMBER 2018

Remember to follow St James on Twitter: StJamesCE @StJamesNN5

Or on our school website - www.stjames.northants.sch.uk

email: office@stjames.northants.sch.uk / phone: 01604 751475

Friends are in the process of organising the St James School Fete!

We are asking local companies if they would like to help with donating prizes for the raffle. If you know of anyone that would like to donate, please speak to Miss Britten or Miss Whittaker.

Thank you to the parents who have already contributed with helping to secure raffle prizes and if you can help on the day (or the day before) please speak to the office or Miss Britten.

ST JAMES SUMMER FETE – FRIDAY 6TH JULY

Paintings for Sale or Rent

All my paintings are being cleared out from original storage. They are works of art by Wendy Brooks; Abstract landscape oil painter. They need a good home!



3 paintings (5ft square) oil on canvas at £180 each



a



b



c



d

e



f



a-f paintings: oil on canvas, timber frames, 2m x 1.4m, mixed media, painted from sketches of Salcey Forest.

Special discounted price; to purchase, for sale at £250 each and for rent; £100 each year.

Unfortunately I am unable to install as I do not have the equipment but should be able to deliver.

4 paintings were hung in Weatherby's Bank, Wellingborough, for 6 years, and another 5 paintings were hung on the University of Northampton's director's office and Sunleys walls for the past 10 years.



How they would look on your wall.

Contact details: Miss Wendy Brooks 07940 280936
E: wendybrooks@tiscali.co.uk or wendyjwoo@hotmail.com
<https://wendybrooks.wordpress.com>

Remember to follow St James on Twitter: StJamesCE @StJamesNN5
Or on our school website - www.stjames.northants.sch.uk
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Online Safety Newsletter

Northamptonshire County Council Online Safety Officer. Simon delivers sessions with young people, teachers, practitioners and parents. For more information email us at: onlinesafety@northamptonshire.gov.uk

"Technology is not the problem. It is how we use it!"

Digital Resilience

I thought I would take the opportunity to go over digital resilience in April's newsletter. We have had lots of bookings recently asking around cyberbullying, sexting and online gaming. I am talking and recommending to parents and schools to make sure we are focussing our online safety work around digital resilience. Resilience is based around young people recognising when they are at risk, and knowing what to do. If we can make children more resilient they are more likely to stay safe when anything bad happens. It is really important parents set consistent boundaries around online safety within the home. Young people will make mistakes but that's the best way for them to learn and we need to help them recover. **Schools can promote resilience by working on soft skills like empathy and self-esteem.** Resilience is not about toughening up children. Children need to take risks, and learn that they can recover when things go wrong. It's ok for us not to understand all the areas online or apps that young people use. But we do know what is good, bad and dangerous. However by discussing and sharing values will help young people process their experiences. We do need to talk to young people about challenging content online they may come across from very thin models to animal cruelty. By talking to young people about difficult things the issue will be much easier to manage.

Live streaming apps – what are they?

Live streaming apps are instant meaning there is no moderation. Young people enjoy using them as it's like being in their own reality TV show. My research suggests Musical.ly is a popular area for year 5, 6 and 7.

Musical.ly

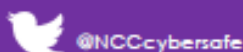
- A free social media network where users can create and upload videos of themselves for one minute
- People film themselves dancing or lip-syncing to their favourite songs.
- The videos can then be shared across Facebook, What's App or Twitter
- Age limit is 13 or get permission from someone over 18.

We are now on Instagram. Give us a follow: **ncccybersafe** the account will be advice around **self-esteem and online safety**. We want another social media account to support parents, schools and practitioners to help keep young people safe online.

Report: Safety Net – Cyberbullying's impact on young people's mental health: Inquiry Report

Another interesting report came out a few weeks ago, that I recommend you take a look at. I have summarised just some of the key findings.

- The average age of children getting a smart phone is 10 years old
- 82% (most popular) of young people use Youtube
- 61% of children first created their social media account before the prescribed age limit of 13
- Time spent on social media increases with age: 37% of 16 and 17 year olds using social media for more than four hours a day.
- Young people are the heaviest users of social media are most vulnerable to low wellbeing and symptoms of anxiety and depression.
- **Impact of bullying and self-esteem** – being exposed to negative messages or other forms of bullying can also reinforce negative beliefs that children and young people hold about themselves, their lives and their future



Key messages:

- ◆ Children have grown up with technology– explore it with them.
- ◆ Ensure privacy settings are as high as they can be.
- ◆ Educate children about how to deal with inappropriate content/use because at some point they will be exposed to it. Keeping all content on the internet safe is IMPOSSIBLE so build up their digital resilience.
- ◆ Social media is used for self-esteem, entertainment or communication. We must advise young people to question everything they see on social media. It is not the real world!
- ◆ Panic Culture- When an issue with a certain App appears in the news, use it as an opportunity to discuss how to use the App safely rather than deleting it. Every App, game or website has the potential to be dangerous.
- ◆ Remember that the internet is a wonderful place– ensure the positives are shared with children too!



The four D's to implement:

Digital free zones



It is impossible to monitor everything, but by having all technology downstairs, parents are more likely to see and know more about what their children are accessing.

Digital sunset



30mins-1hour before bedtime, adults and children should be coming off technology and should definitely be leaving phones and other devices downstairs. Some people will need to invest in an alarm clock!

Digital role models



Parents to ensure they are using technology safely and apply the online safety rules to their own use so children can learn from them.

Digital detox



Take some time away from digital devices and set time limits to ensure there isn't constant exposure.